

CLINICA PLANAS LICHEN HUB MEETING

THEORETICAL COURSE WITH LIVE SURGERIES

Monographic course on vulvar lichen sclerosis.
Multidisciplinary approach from a regenerative
perspective.

19 • April • 2024 • Barcelona

www.lichenhubmeeting.com

CLINICA PLANAS LICHEN HUB MEETING

Scientific program

- 8:30 h. Reception and collection of documentation
8:50 h. **WELCOME AND INTRODUCTION**
Dr. Massimiliano Brambilla and Dr. Maite Fernández

SESSION 1: GENERAL CONCEPTS IN LICHEN SCLEROSUS

Moderators: Dr. Oriol Porta and Dr. Irene Fuertes

- 9:00 • 9:10 h. Introduction: Lichen Sclerosus
Dr. Maite Fernández
- 9:10 • 9:20 h. Differential diagnosis of vulvar and penile dermatoses
Dr. Marco Cusini
- 9:20 • 9:30 h. First consultation for lichen sclerosus: systematic clinical history and examination
Dr. Maite Fernández
- 9:30 • 9:40 h. Lichen as a systemic disease and its gastrointestinal implications
Dr. Laura Cortés
- 9:40 • 9:50 h. Official guidelines and topical preparations: What? When? and How to do it?
Dr. Marco Cusini
- 9:50 • 10:00 h. Pelvic floor rehabilitation in lichen sclerosus
Dr. Nuria Felip
- 10:00 • 10:30 h. **DISCUSSION**

10:30 • 11:00 h. **Coffee break**

SESSION 2: REGENERATIVE APPROACH IN LICHEN SCLEROSUS

Moderators: Dr. Eva Guisantes and Dr. Miguel Garber

- 11:00 • 11:05 h. Regenerative medicine in lichen sclerosus: why?
Dr. Massimiliano Brambilla
- 11:05 • 11:15 h. Platelet-rich plasma. How can it contribute to the management of lichen sclerosus?
Dr. Maite Fernández
- 11:15 • 11:25 h. Combined use of Nanofat and platelet-rich plasma (Liquenia®) for lichen sclerosus
Dr. Patricia Gutiérrez
- 11:25 • 11:35 h. High-tech perspectives: exosomes. A new possibility for lichen treatment?
Dr. Fernando Aznar
- 11:35 • 12:45 h. Energy-based devices in lichen sclerosus: What do we know and where are we going?
Dr. Maite Fernández
- 11:45 • 12:00 h. Regenerative strategies: 20 years of experience
Dr. Massimiliano Brambilla
- 12:00 • 12:30 h. **DISCUSSION**

19 • April • 2024 • Barcelona

THEORETICAL COURSE WITH LIVE SURGERIES

Coordinated by: Dr. Massimiliano Brambilla and Dr. Maite Fernández

SESSION 3: LICHEN SCLEROSUS, MORE THAN A VULVAR PROBLEM

Moderator: *Dr. Cusini*

- 12:30 • 12:40 h. Lichen sclerosus in men: a reality in clinic practice
Dr. Massimiliano Brambilla
- 12:40 • 12:50 h. Pediatric lichen sclerosus: how to approach it?
Dr. Marco Cusini
- 12:50 • 13:00 h. Treatment of vulvar stenosis: when and how?
Dr. Massimiliano Brambilla
- 13:00 • 13:10 h. Addressing sexuality in people with lichen sclerosus.
Dr. Silvia Pastells
- 13:10 • 13:30 h. Patient associations: LiSCLEA, 5 years of Italian experience
Dr. Muriel Ruffineau
- 13:30 • 13:45 h. **DISCUSSION**
- 13:45 • 14:00 h. Lichenhub: a 360-degree approach to lichen sclerosus
*Dr. Massimiliano Brambilla, Dr. Maite Fernández, Dr. Laura Cortés,
Dr. Marco Cusini, Dr. Nuria Felip and Dr. Silvia Pastells*

14:00 • 15:30 h. LUNCH

15:30 • 19:00 h. **Discussion of clinical cases in the auditorium by Dr. Fernández while 2 live surgeries are performed in the operating room by Dr. Brambilla**

▶ 15:30 • 17:00 h. Lipofatgraft for lichen sclerosus
Dr. Massimiliano Brambilla

17:00 • 17:30 h. Coffee break

▶ 17:30 • 19:00 h. Introitus amplification surgery for stenosis in lichen sclerosus
Dr. Massimiliano Brambilla

19:00 h. **CLOSING CEREMONY**

Aimed at gynecologists, dermatologists, urologists, plastic surgeons, family physicians, midwives, physiotherapists and professionals interested in vulvar pathology and regenerative medicine.

CLINICA PLANAS LICHEN HUB MEETING

THEORETICAL COURSE WITH LIVE SURGERIES

LANGUAGE:

Spanish • English (Simultaneous translation)

DATE:

April 19, 2024

VENUE:

Espacio Jaime Planas

Carrer de Pere II de Montcada, 16. Sarrià-Sant Gervasi.
Barcelona

REGISTRATION:

Only through the web site

| Type of registration (until April 14, 2024) | Registration fee |
|---|------------------|
| General rate | 200,00 € |
| SEGERF Members rate | 150,00 € |
| Collaborating companies rate | 150,00 € |
| Residents, midwives and physiotherapists | 75,00 € |

The on-site registration fee includes:

- Course documentation
- Access to scientific sessions and commercial area
 - Coffee breaks and lunch
 - Diploma of attendance
- Possibility of obtaining continuing education accreditation

CREDITS:

Official credits requested from the Continuing Education Commission

ORGANIZED BY:

CLINICAPLANAS LichenHUB®



TECHNICAL SECRETARIAT COURSE:

Meet & forum

Tel.: + 34 91 517 87 88 • Mail: belen.banegil@meetandforum.com

Paseo de Santa María de la Cabeza, 66 Mezzanine. 28045 Madrid

WEB:

www.lichenhubmeeting.com